



Greeting from Wild Mountain,

We are very excited to have your child's school at Wild Mountain for their field trip.

Here are some tips that will help your child have a safe, fun learning experience with us.

The method we use is Station Teaching, progressing students from one station to the next because not all students learn at the same pace. Your child will learn how to put on ski boots, put their skis on, duck walk up a hill, and stop with a controlled gliding wedge. Your child will demonstrate controlled turns through a gated teaching station. They will learn to ride up a conveyor belt, ride up a tow rope and most will experience a chairlift ride. Most of their day will be spent on green beginner terrain, they may advance on to blue intermediate terrain. If your child is an experienced skier they will be able to test out of the Station Teaching.

Help your child prepare for the outdoor elements by dressing them appropriately. Here are some tips for what they will need.

- Long Johns under snow pants, or wind pants
- A jacket that zips or closes securely
- Mittens or gloves with leather palms (required for riding the rope tow) Leather choppers are best.
- Long moisture wicking sock (short athletic sock will cause sore spots and blisters)
- Long hair needs to be tied back
- No long scarfs (they could become tangled in the lift equipment)
- Encourage your child to wear the helmets that are available as part of their rental from Wild Mountain
- Dressing in layers is appropriate in all weather conditions.

Wild Mountain Instructors will be at the teaching stations for 2 hours working with your child. Please encourage your child to continue through all stations before taking their lunch break. Your child will progress through the stations at their own pace/ability.

Our goal is to introduce your child to a Life Time Sport though Safety, Fun, and Learning. We will be working with your children in the great outdoors, our instructors may use louder voices so that all students are able to hear, they are not yelling, they need their voices to be able to carry. Instructor use "Outside Voices"

We are looking forward to your child's Fun Day on the Slopes!

*Learn... Grow... Inspire*

*Heidi Jo Karlsson – PSIA Level 3 Trainer*

*Wild Mountain SnowSports Director*